


OCTOBER MENU 2023

Thorp School District 400

Friday Early Release 1:30 unless otherwise noted.

MONDAY 2nd	TUESDAY 3rd	WEDNESDAY 4th	THURSDAY 5th	FRIDAY 6th
Strawb Stuffed Cream Cheese Bagel, Fruit, Cereal, Milk Hamburger, Fruit Fresh Veggie Bar Chilled Milk	Muffin, Cereal Fruit, Chilled Milk Whole Grain Pizza Fresh Veggie Bar Pineapple, Juice, Milk	Dutch Waffle., Fruit Creamy Yogurt, Milk Orange Chicken Brown Rice, Fruit Fresh Veggie Bar, Milk	Mini French Toast Cereal, Fruit, Milk Mac&Cheese, Fruit Broccoli, Breadstick Fresh Veggie Bar, Milk	Cheese Omelet. Fruit Cereal, Chilled Milk <i>Early Release 1:30</i> Chicken Chipotle Salad Breadstick or Pretzel Fresh Veggies, Milk
MONDAY 9th	TUESDAY 10th	WEDNESDAY 11th	THURSDAY 12th	FRIDAY 13th
Moist Banana Bread Cereal, Fruit, Milk Chicken Nuggets Fruit, Cracker Fresh Veggie Bar, Milk	Whole Grain Muffin Cereal, Fruit, Milk Whole Grain Pizza Fresh Veggie Bar Pineapple, Juice, Milk	Mini French Toast Fruit, Cereal, Milk Breaded Chicken Drumstick Garlic Mashed Potatoes Fruit, Veggies, Breadstick, Milk	Pancake Sausage Stick Cereal, Fruit, Milk Chicken Burger Fresh Veggie Bar Fruit, Chilled Milk	Cheese Omelet. Fruit Cereal, Chilled Milk <i>Early Release 1:30</i> Chicken Caesar Salad Croutons, Bread, Fruit Fresh Veggies, Milk
MONDAY 16th	TUESDAY 17th	WEDNESDAY 18th	THURSDAY 19th	FRIDAY 20th
Strawberry Stuffed Bagel Cereal, Fruit Chilled Milk Golden Chicken Nuggets Fresh Veggie Bar, Fruit Cracker, Chilled Milk	Choc Chip Muffin Fruit, Cereal, Milk Whole Grain Pizza Fresh Veggie Bar Pineapple, Juice, Milk	Mini French Toast Fruit, Cereal, Milk Chicken Marinara Sandwich Fresh Veggie Bar Corn, Fruit, Chilled Milk	Strawberry & Yogurt Parfait Cereal, Fruit, Chilled Milk Whole Grain Corn Dog BBQ Baked Beans, Fruit Fresh Veggie Bar, Milk	Cheese Omelet. Fruit Cereal, Chilled Milk <i>Early Release 1:30</i> Fruit & Veggie Plate Egg/Cheese, Fruit Yogurt, Soft Pretzel, Milk
MONDAY 23rd	TUESDAY 24th	WEDNESDAY 25th	THURSDAY 26th	FRIDAY 27th
French Toast, Fruit Cereal, Chilled Milk Chicken Burger Fresh Veggie Bar Fruit, Chilled Milk	Whole Grain Muffin Fruit, Cereal, Milk Whole Grain Pizza Fresh Veggie Bar Pineapple, Juice, Milk	Sausage egg Breakfast Sand Cereal, Fruit, Chilled Milk Burrito Beef & Cheese Fresh Veggie Bar, Fruit Refried Beans, Milk	Cinn French Toast Cereal, Fruit, Milk Hamburger, Fruit Fresh Veggie Bar Chilled Milk	Cheese Omelet. Fruit Cereal, Chilled Milk <i>Early Release 1:30</i> Chicken Chipotle Salad Breadstick or Pretzel Fresh Veggies, Milk
MONDAY 30th	TUESDAY 31st	WEDNESDAY	THURSDAY	FRIDAY
Strawberry Stuffed Bagel Cereal, Fruit Chilled Milk Chicken Nuggets Fruit, Cracker Fresh Veggie Bar, Milk	Whole Grain Muffin Fruit, Cereal, Milk <i>Halloween</i>  Whole Grain Pizza Fresh Veggie Bar Pineapple, Juice, Milk			<i>October happenings:</i> Field trips on the 3 rd -4 th -5 th -16 th -24 th -25 th . Thorp Community Da 7th Spirit Week 9 th -13 th Home Coming Dance 3th Middle School Dance 14 th Fall Carnival 26 th Halloween 31st

Menu is subject to change without notice: This institution is an equal opportunity provider and employer : Daily milk choices: 1% white or non-fat chocolate