

# OCTOBER MENU 2022

Thorp School District 400

Friday Early Release 1:30 unless otherwise noted.

MONDAY	TUESDAY	4th	WEDNESDAY	5th	THURSDAY	6th	FRIDAY	7th
<b>3rd</b> Soft Bagel and Cream Cheese Fruit, Cereal, Chilled Milk	Egg/Saus/Ch Wrap Cereal, Fruit, Milk		Apple Strudel, Fruit Cereal, Chilled Milk		Muffin, Fruit Cereal, Chilled Milk		Cheese Omelet Fruit, Cereal, Milk	
BBQ Pork Burger Fresh Veggie Bar Fruit, Corn, Milk	Whole Grain Pizza Fresh Veggie Bar Pineapple, Juice, Milk		Chicken Burger Fresh Veggie Bar Fruit, Chilled Milk		Beef Dippers, Fruit Garlic Veggie Blend Salad Bar, Rice, Milk		<i>Early Release 1:30</i> Chipotle Chick Salad Cheese, Egg, Fruit Breadstick or Pretzel, Milk	
<b>10th</b> Muffin, Cereal, Fruit Creamy Yogurt, Milk	<b>TUESDAY</b> Cinnamon Toast Stuffed Bar Cereal, Fruit, Chilled Milk	<b>11th</b>	<b>WEDNESDAY</b> Mini Cinn French Toast Cereal, Fruit, Milk	<b>12th</b>	<b>THURSDAY</b> Pancake Saus Stick Cereal, Fruit, Milk	<b>13th</b>	<b>FRIDAY</b> Cheese Omelet Fruit, Cereal, Milk <i>Early Release 1:30</i>	<b>14th</b>
Golden Corn Dog Baked Beans, Fruit Fresh Veggie Bar, Fruit, Chilled Milk	Whole Grain Pizza Fresh Veggie Bar Pineapple, Juice, Milk		Mac&Cheese, Fruit Steamed Broccoli Fresh Veggies, Milk		Chicken Nuggets Fruit, Veggie, Corn Cracker, Chilled Milk		Fruit/Veggie Tray Egg, Cheese, Fruit Breadstick, or Pretzel	
<b>17th</b> Apple Strudel, Fruit Cereal, Chilled Milk	<b>TUESDAY</b> Favorite Dutch Waffle Creamy Yogurt, Fruit, Milk	<b>18th</b>	<b>WEDNESDAY</b> Glazed Fr Toast Cereal, Fruit, Milk	<b>19th</b>	<b>THURSDAY</b> Muffin, Cereal Fruit, Chilled Milk	<b>20th</b>	<b>FRIDAY</b> Cheese Omelet Fruit, Cereal, Milk <i>Early Release 1:30</i>	<b>21st</b>
Sloppy Joes Veggie Bar, Fruit Corn, Chilled Milk	Whole Grain Pizza Fresh Veggie Bar Pineapple, Juice, Milk		Hamburger, Fruit Fresh Veggie Bar Fruit, Chilled Milk		Golden Corn Dog Baked Beans, Fruit Veggies, Cracker, Milk		Yangs 5 <sup>th</sup> Ave Chick Salad Mandarin Oranges Breadstick or Pretzel Milk	
<b>24th</b> Chex Mix, Cereal Chilled Fruit, Milk	<b>TUESDAY</b> Egg/Saus/Ch Wrap Cereal, Fruit, Milk	<b>25th</b>	<b>WEDNESDAY</b> Pancake Sausage Stick Cereal, Fruit, Milk	<b>26th</b>	<b>THURSDAY</b> Fruit & Yogurt Parfait Cereal, Fruit, Milk	<b>27th</b>	<b>FRIDAY</b> Cheese Omelet Fruit, Cereal, Milk <i>Early Release 1:30</i>	<b>28th</b>
Chicken Nuggets Fruit, Veggie, Corn Cracker, Chilled Milk	Whole Grain Pizza Fresh Veggie Bar Pineapple, Juice, Milk		Chicken Burger Fresh Veggie Bar Fruit, Chilled Milk		Burrito Beef/Bean Refried Beans, Fruit Fresh Veggie Bar, Milk		Chipotle Chick Salad Cheese, Egg, Fruit Breadstick or Pretzel, Milk	
<b>31st</b> Moist Pumpkin Bread Creamy Yogurt, Fruit, Milk <i>Halloween</i> Golden Corn Dog Baked Beans, Fruit Fresh Veggie Bar, Fruit, Chilled Milk	<b>TUESDAY</b>		<b>WEDNESDAY</b>		<b>THURSDAY</b>			
<b>Menu is subject to change without notice: This institution is an equal opportunity provider and employer : Daily milk choices: 1% white or non-fat chocolate</b>								